



January 2016

Dear Healthcare Provider,

The information contained here may be very important to your practice. Please take a moment to review this document. This month's bulletin is an update to the lithium reference range. Please keep reading if you monitor lithium levels in your practice.

### LITHIUM – REFERENCE RANGE UPDATE

Effective February 2016, PCL Alverno will adjust the reference range for Lithium.

Lithium Maintenance Therapeutic Ranges	
Current Range	New Range
1.0 - 1.2 mmol/L	0.6 - 1.2 mmol/L

#### Timing of serum samples:

Draw trough just before next dose (8 - 12 hours after previous dose).

#### Frequency of monitoring:

Levels should be monitored every 2 months.

2016

— HAPPY NEW YEAR —